


Note*


Introductory classes are scheduled at your convenience, not necessarily the same times and active member class times. ☺



Little Dragons (Ages 4-7)

Monday - Wednesday - Friday 4:00 PM to 4:30PM
 Tuesday - Thursday 6:00 PM To 6:30
 Saturday 9:45 AM To 10:15


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00 PM	6:00 PM	4:00 PM	6:00 PM	4:00 PM	9:45 AM



Dragons (Ages 7 - above)

Monday - Wednesday - Friday 4:45 PM to 5:15 PM
 Tuesday - Thursday 5:15 PM To 5:45 PM
 Saturday 10:30 AM To 11:00 AM


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:45 PM	5:15 PM	4:45 PM	5:15 PM	4:45 PM	10:30 AM



Dragons BBT (Black Belt Training)(Ages 7 - above)

Monday - Wednesday - Friday 5:15 PM to 6:00 PM
 Tuesday - Thursday 4:30 PM To 5:15 PM
 Saturday 11:00 AM To 12:30 AM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15 PM	4:30 PM	5:15 PM	4:30 PM	5:15 PM	11:00 AM




Dragons BBT Advanced (Ages 7 - above)

Monday - Wednesday 6:00 PM to 6:45 PM
 Friday 5:15 PM to 6:00 PM
 Saturday 12:30 AM To 1:30 AM

New


(BBT advanced may attend all BBT classes. Stripes awarded in advanced class times only)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 PM		6:00 PM		5:15 PM	11:45 AM



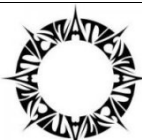
Teens and Adults

Tuesday Thursday 6:45 PM To 7:45 PM



Sayoc - Butohan

Tuesday 8:00 PM To 10:00 PM



Atienza Kali

Wednesday 7:00 PM To 9:00 PM